ST. JOHN OF THE CROSS

The Dark Night

One dark night, fired with love's urgent longings - ah, the sheer grace! -I went out unseen, my house being now all stilled.

In darkness, and secure, by the secret ladder, disguised, - ah, the sheer grace! in darkness and concealment, my house being now all stilled.

On that glad night, in secret, for no one saw me, nor did I look at anything, with no other light or guide than the one that burned in my heart.

This guided me more surely than the light of noon to where he was awaiting me - him I knew so well - there in a place where no one appeared.

O guiding night!
O night more lovely than the dawn!
O night that has united
the Lover with his beloved,
ransforming the beloved in her Lover.

Upon my flowering breast which I kept wholly for him alone, there he lay sleeping, and I caressing him there in a breeze from the fanning cedars.

When the breeze blew from the turret, as I parted his hair, it wounded my neck with its gentle hand, suspending all my senses.

I abandoned and forgot myself, laying my face on my Beloved; all things ceased; I went out from myself, leaving my cares forgotten among the lilies.

ST. JOHN OF THE CROSS

The Living Flame of Love

O living flame of love that tenderly wounds my soul in its deepest center! Since now you are not oppressive, now consummate! if it be your will: tear through the veil of this sweet encounter!

O sweet cautery,
O delightful wound!
O gentle hand! O delicate touch
that tastes of eternal life
and pays every debt!
In killing you changed death to life.

O lamps of fire! in whose splendors the deep caverns of feeling, once obscure and blind, now give forth, so rarely, so exquisitely, both warmth and light to their Beloved.

How gently and lovingly you wake in my heart, where in secret you dwell alone; and in your sweet breathing, filled with good and glory, how tenderly you swell my heart with love.